SNEAK~A~PEEK AT THE WEEK

Sample Week

SUNDAY:

9:30 am Church Island Deephaven pick-up
10:00 am Church Island Rockywold pick-up
3:00 pm Sign Ups in the Rec Hall for all (*) activities. At the Playhouse for Mixed Doubles Tennis.
3:15 pm Family Softball on the Ballfield. A family friendly game for ages 5 and up.
3:30 pm New Family Boat Tour – Meet at the Rockywold Main Dock. Get acquainted with both RDC and Squam.
7:30 pm Board Games and S’mores – in the Rec Hall. Bring your favorite game, or play one of ours while enjoying a tasty treat! For all ages.
7:30 pm Teen Activity – meet at the Rec Hall. Look for signs at dinner. Bring a flashlight and some cash.

MONDAY:

9:30 am Games for Kids on the Ballfield. Meet new friends and play games with Rec Staff!
* 9:30 am Mixed Doubles Tennis Round Robin – sign up on Sunday at the Playhouse. Bring a new can of balls and show off your tennis skills! Court assignments are posted at the dining hall at breakfast Monday.
* 10:00 am Water Rocket Building – Build rockets from soda bottles and shoot them over the lake using pressurized air. Meet at the Sugar House (Map #1) Children under 10 must be accompanied by an adult.
2:00 pm Soccer – meet on the Ballfield and bring your A-game!
* 2:00 pm Boat Tour – Sign up at the Rec Hall. Join us and learn facts and stories about Squam Lake. (Leaves from Rock Main Dock)
2:30 pm Water Works – Join the Rec Staff on Deep Main Dock for some water games and fun!
2:30 pm Round Robin Finals – at the Playhouse. Come cheer for your favorite duo!
* 3:00 pm Tree Study – Join John Fuller and find the tallest, oldest, fattest tree at RDC and core the trees to count their growth rings. Meet at the Sugar Shack (Map #1).
* 3:30 pm Yoga – Join Katie in the Playhouse for a yoga session. Sign up required as class is limited to 30 participants. Bring a mat if you have one, otherwise we will supply them.
4:15 pm Employee vs. Guest Softball on the Ballfield for ages 15 and up. (Employees 2, Guests 4)
7:15 pm Capture the Flag – on the Ballfield for ages 20 and under. Wristbands? Non-wristbands?
8:00 pm Kayak Meeting – for the half-day kayak tour on Tuesday. Meet at the Rec Hall. (13 and up)
8:30 pm Mountain Meeting – for the All-Day Climb on Wednesday. Meet at the Rec Hall. (13 and up)

TUESDAY

* 8:45 am ½ Day Kayak Trip – Join Jane and John for an exploration around the intimate coves and shorelines of Squam. Trip starts at Squaw Cove and returns by lunch hour. MUST attend Monday’s Kayak meeting at the Rec Hall. Sign up on Sunday at the Rec Hall (13 and up).
9:30 am Adult Nature Walk – Meet at the Playhouse and a Science Center naturalist will take you to explore the amazing plant life around camp. Learn about and identify a sampling of New Hampshire Plants.
9:30 am Margie’s Place (RDC museum) – Explore RDC history and lore with Margie Emmons (Map #64)
* 10:00 am Electric Battle Cars – build small electric powered cars to battle your opponents! Meet at the Sugar Shack. Ages 10 and up.
* 10:00 am Yoga – Join Katie in the Playhouse for a yoga session. Sign up required as class is limited to 30 participants. Bring a mat if you have one, otherwise we will supply them.
* 10:30 am 6-12 year-old Loon Island Picnic – Rockywold pick up 10:30. Deephaven pick up 10:45. Children return at 2:00pm Rock and at 2:20 for Deephaven.
10:45 am Deephaven pick up for Loon Island Picnic
2:30 pm Basketball – meet on the Basketball Court for a competitive game. (ages 13 and up)
* 5:30 pm Adult Loon Island Picnic – Pick up at Rockywold Main Dock (Sign up on Sunday at 3pm).
Loon Island’s capacity is limited. In the case of high demand, a lottery will determine attendees. Enjoy an evening of good food and conversation. We provide water, but feel free to bring your own beverages.
5:45 pm Deephaven Main Dock pick-up for Adult Loon Island
7:45 pm Loon Preservation Society – in the Playhouse. Learn about these incredible birds and their current condition and nesting sights on the lake.

WEDNESDAY

* 7:30 am All-Day Mountain Climb – You think the view from Rattlesnake is good? Try it from 4,000 ft!
For ages 13 and up. Must attend Monday’s Mountain Meeting at the Rec Hall.
* 9:30 am  Morning Lake Cruise – Meet at Rock Main Dock to take a casual boat ride while enjoying conversation and a cup of coffee. Sign up at the Rec Hall.
* 9:30 am  Margie’s Place (RDC museum) – Explore RDC history and lore with Margie Emmons (Map #64)
* 10:00 am  Yoga – Join Katie in the Playhouse for a yoga session. Sign up required as class is limited to 30 participants. Bring a mat if you have one, otherwise we will supply them.
10:15 am  Tie Dye – Meet at the Rec Hall. Bring something white to groovify!
11:00 am  Store Sale – Come check out a large variety of discounted RDC merchandise. (Ends at 2:00 pm)
12:30 pm  Ballfield Picnic, Hayrides, Solar Observing and Mo the Clown on the Ballfield, weather permitting.

THURSDAY
* 7:00 am  Yoga – Join Betty in the Playhouse for a yoga session. Sign up required as class is limited to 30 participants. Bring a mat if you have one, otherwise we will supply them.
9:30 am  Children’s Program: All About Porcupines– Meet at the Playhouse and learn from a Squam Lakes Natural Science Center naturalist how these prickly creatures are adapted for life in the forest. You will get to meet a live porcupine!
9:30 am  Garden Tour – Join a tour of our native gardens at RDC. Learn from our landscape gardener how to create ecological, low maintenance gardens that attract birds, butterflies and other pollinators. Meet outside Rockywold Office.
9:30 am  Margie’s Place (RDC museum) – Explore RDC history and lore with Margie Emmons (Map #64)
11:00 am  Wacky Canoe Races – Open to all ages. Bring your own canoe and meet at Rock Main Dock for unheard of wackiness! Beware of the lake sharks!
2:00 pm  Teen Boat Trip – Meet at the Rock Main Dock with sunscreen and a towel. (ages 13 and up)
2:00 pm  Crafts for Kids – In the Playhouse. Crafting is always a good thing.
2:00 pm  Science Open House – Drop into the Sugar House science lab for some cool sidewalk science. (2pm-5pm)
3:00 pm  Ping Pong Tournament for All Ages – Meet in the Zodiac ready for some competition
4:30 pm  RDC Pinehurst Classic 5K Road Race – Test your endurance on Pinehurst’s hills or better your time from last summer! This 3.1 mile race starts on the Ballfield. Walkers are welcome.
7:30 pm  Movie Night – Come to the Playhouse and enjoy a family friendly movie for all ages.

FRIDAY
* 8:30 am  Half-Day Hike – Red Hill – Meet at the Rec Hall. (Ages 7 and under must be accompanied by an adult)
* 10:00 am  Shoreline Swim – Sign up in the Rec Hall 3pm Sunday. Race begins at the Westmere dock in Rockywold. Each swimmer must have a spotter in a kayak or canoe as they swim 1.5 miles of RDC shoreline. Recommended for ages 13 up.
* 10:00 am  Water Rocket Building – Build rockets from soda bottles and shoot them over the lake using pressurized air. Meet at the Sugar House (Map #1) Children under 10 must be accompanied by an adult.
* 2:00 pm  Boat Tour – Sign up at the Rec Hall. Join us and learn facts and stories about Squam Lake.
(Leaves from Rock Main Dock)
2:30 pm  Scavenger Hunt – for all ages –Meet at the Rec Hall and bring a keen eye and determination.
2:30 pm  Teen Extreme Scavengerpalooza – a test of who is truly worthy… Ages 13 and up. Meet at the Rec Hall.
3:00 pm  Rockywold vs. Deephaven Sailing Regatta – Starts and ends on Flagstaff Point in Deephaven. Open to novices and experts alike.
4:15 pm  Ultimate Frisbee – Meet on the Ballfield for the week’s final showdown. For ages 13 and up.
7:30 pm  Children’s Square Dance – at the Playhouse. Swing your partner round and round!
8:30 pm  Adult Square Dance – (13 and up) at the Playhouse. Sweep your partner ‘round in the Texas Star and through the valley!

Wee Campers (toddler play group) for 3-6 year-olds, Mon-Fri 9:30am-12:00pm.
Please observe age requirements.

**SIGN – UPS IN THE REC HALL, SUNDAY, 3:00PM. SIGN-UPS ARE FIRST-COME-FIRST SERVED.

“It’s all coming back to me now!”

___  ___