

RDC Guest Information Manual  
**DINING INFORMATION**

**FULL AMERICAN PLAN**

This plan includes breakfast, lunch, dinner and overnight accommodations at a predetermined rate for the occupancy of that unit. It covers meals for the number of persons for which your cottage is rated. If your guests exceed the basic rate number, you are responsible for their meals and overnights. There is no credit given for meals eaten elsewhere, or for overages if under occupied at various times.

**MEAL HOURS (Mid-June through Labor Day)**

<u>DAILY</u>	<u>(Monday - Saturday)</u>	<u>SUNDAYS</u>	
Breakfast	8:00 to 9:00 a.m.	Breakfast	8:00 to 9:00 a.m.
Lunch	12:30 to 1:30 p.m.	Dinner	1:00 to 2:00 p.m.
Dinner	6:00 to 7:00 p.m.	Supper	6:00 to 7:00 p.m.

Be sure to arrive for meals during the times indicated above. Food is not available after these times. Early and late season meal times will be announced or posted if different from the times listed above.

**SUPERVISION OF CHILDREN**

**Please see that young children are supervised at all times and accompanied by an adult at all food and beverage serving areas. To prevent the spread of infectious diseases, it is extremely important that children and adults wash their hands frequently, but especially before and after every meal.** Be aware of the hazards present in the dining rooms; hot steam tables, waffle makers and coffee urns, sharp utensils, swinging kitchen doors, etc. Absolutely no running. Noisy or out-of-control children should be taken from the dining area so that all guests may enjoy their meals. We encourage guests with very young children to consider eating meals during the first half of the meal hour. (Employee meals are served in Rockywold, therefore, Rockywold guests also have the option of eating during our employee meal times, which for most of the season are 1/2 hour earlier than the regular guest meal hours.)

**DRESS CODE**

Over the last several decades, the dining room dress code has become more and more relaxed in keeping with general trends in society. Most guests have appreciated the greater informality, but recently there have been occasions when the level of casualness has, in the minds of many guests, become too great. We would like to remind all of our guests of the RDC dress code and ask for your cooperation in following these simple guidelines:

**No caps, tank tops, bathing suits or bare feet at any meal. Casual sportswear is acceptable for breakfast and lunch but more appropriate dress is recommended for dinner (non-athletic shorts, pants, collared shirt for men; dresses, skirts, pants, non-athletic shorts for women).**

## RDC Guest Information Manual

(Dining Information Continued)

### **ALL-CAMP COOKOUT**

Weather permitting, Wednesday lunch is the meal designated for our weekly all-camp barbecue on the ballfield. Food is served on the ballfield from 12:30 to 1:30 p.m. RDC provides blankets and benches for picnic style seating, however, some guests are more comfortable bringing their own folding chairs.

### **BAG LUNCHES**

If you are planning an extended hike or a day trip, bag lunches may be substituted for the lunch meal if food service is notified at least a day in advance. Request forms for bag lunches are available at the dining rooms and offices. Bag lunches are not available on Sundays.

### **SEATING**

Each family is assigned their own table for the duration of their stay. Tables are usually designated with a name tag for the family member who placed the reservation. We will do our best to accommodate special seating requests, however, guests with greater seniority have preference. Because of high demand and a tendency for overcrowding, seating next to windows is limited to no more than eight per table.

### **SPECIAL NEEDS & REQUESTS**

Please notify the office or food service management of any special dietary needs you may have. We will do our best to accommodate you. All dinner meals include a meatless entree. High chairs or booster seats will be provided at your request. Food service will also prepare birthday cakes for a minimal charge and with at least 24 hours notice (48 hours notice for birthdays that fall on Saturday or Sunday). Cake order forms can be obtained at your camp office or at the dining room.

### **NO SMOKING**

Smoking is not allowed in the dining room or any RDC building that is common to all guests. We strongly encourage our guests not to smoke in any RDC facility, however, if you must smoke, be sure to crush cigarettes and matches before discarding. RDC's buildings are old wooden structures, susceptible to fire, therefore please avoid smoking in or near any RDC facility.

### **CELL PHONE USE**

To help maintain the natural character and peaceful nature of the camps, please do not use cell phones in public areas. Cell phone use is not permitted in the camp dining rooms or libraries.

**ALCOHOL** is not allowed in the dining rooms or other public areas. Alcohol is permitted inside guest cottages and at guest docks only. New Hampshire legal drinking age is 21.